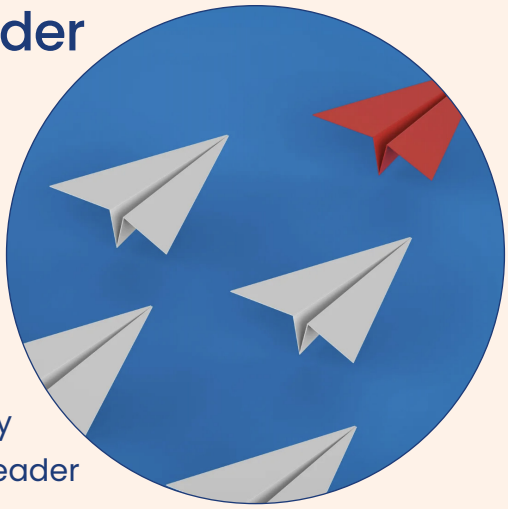
Experienced as a manager and leader – Gear up your leadership



Have you been a manager and leader for a few years? Do you want to increase your knowledge, your self-awareness and get the right tools to develop as a person and leader to create an effective balance in your leadership? Do you want to create good conditions to be able to lead both teams and organizations in an increasingly complex environment? If so, the training "Experienced as a leader and manager – Gear up your leadership" is something for you.

For whom?

The training "Experienced as a manager and leader – Gear up your leadership" is for those of you who already have experience as a manager or leader for several years and who want to develop your leadership further. You currently lead people, teams or organizations and are looking for new tools, perspectives and inspiration to sharpen your abilities and take your leadership to the next level in an increasingly complex world.

Purpose & Objective

For those of you who already have experience in leadership know that leadership is never finished learning. New challenges, changing conditions and increased demands in an increasingly complex environment mean that you as a leader need to constantly develop. This course is for those who want to take the next step and step up your leadership

– to find the right balance in your leadership and continue to be relevant, inspiring and effective in your role.

We give you tools and new perspectives that help you sharpen your ability to lead both people and organisations. Through reflection, exchange of experiences and practical methods, you will gain inspiration and energy to lift your leadership to the next level.

The training gives you:

- Deeper self-awareness of yourself as a person and leader
- New tools for meeting complex challenges
- Knowledge about your reactive and creative leadership behaviors
- Inspiration and strategies for continuing to grow as a leader

This is the training that helps you develop the strengths you already have – and take your leadership one step further.

Course content:

- The Leadership Circle Profile – 360-feedback
- My vision as a leader
- Adult development – what does it mean for me as a person and as a leader
- Creating effective balance in leadership
- Knowledge of reactive and creative tendencies and behaviors
- Creating lasting change – Immunity to change
- Leading organizations
- Reflective teams
- Personal action plan

Location: Gothenburg, Malmö, Stockholm,
Number of participants: Maximum 10
Language: English

The book "Leader's Gearbox" is included as course material.



Format:
- Introductory webinar digital (1 hour)
- Implementation of 360 feedback (The leadership Circle Profile)
- Individual feedback of 360 feedback digital (approx. 1 hour)
- 2-days internship with overnight stay
- Follow-up digital webinar (1 hour)

GearUp LEADERSHIP

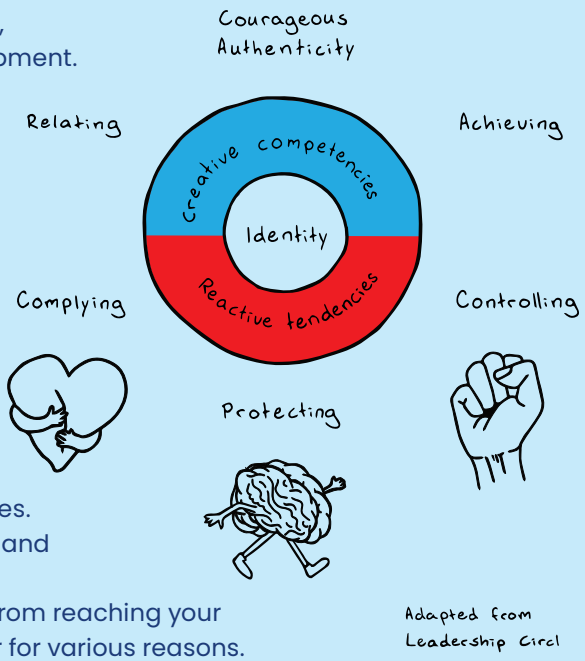
The Leadership Circle - verktyg för att utveckla ditt ledarskap

As a central part of the course, we use The Leadership Circle Profile, a well-established and research-based tool for leadership development. Through this 360-degree feedback, you get a unique and in-depth picture of both your strengths and your development areas. The tool makes visible how your behaviors are connected to the inner driving forces and assumptions that shape your leadership in everyday life.

Using individual feedback, we help you understand your current leadership pattern and provide a clear direction for how you can develop further. By using the Leadership Circle Profile, we create a solid foundation for the continued work of the training and enable you to adopt other tools and methods in a more accurate and sustainable way.

The creative competencies measure how we achieve results-guided by a vision and where you enable the best in your employees. The competencies also capture whether you can act with integrity and courage to change and improve what is needed for success.

Reactive tendencies capture leadership styles that prevent you from reaching your and the organization's potential by acting in a self-limiting manner for various reasons. For example, it may be about protecting your relationships, others' perception of you as smart, or capable of taking action.



"An event without reflection remains just an event. An event with reflection becomes experience. Experience with reflection becomes insight = learning."